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NAVAL HOSPITAL PENSACOLA

Apps:



NH Pensacola



Navy Life

NFAAS

Preparedness Apps:



American Red Cross (ARC)



Hurricane



Flood



Tornado



Wildfire



FEMA



Note from your Ombudsman

I take great pride and honor in serving as the NH-Pensacola Ombudsman and caring for you! As a former Naval Officer and current AD spouse along with the numerous military/civilian resources, I am able to offer you and your families a broad spectrum of assistance. Please, do not hesitate to call or email me with questions, concerns and/or needs. I look forward to hearing from you!

Best Wishes,
Laura Taylor



NAVAL HOSPITAL PENSACOLA



OMBUDSMAN

Laura Taylor
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"The miracle is not that we
do this work, but that we
are happy to do it."

- Mother Teresa



What is the Ombudsman Program?

The Navy Family Ombudsman Program is a Navy wide program established to improve mission readiness through improved family readiness by helping meet the challenges of a military lifestyle. The program helps commanders and commanding officers have a better understanding of the welfare of the command's families. It also assists commands and families to be better prepared to meet emergency situations.

- Provides communication
- Provides outreach
- Resource referral
- Information resource
- Advocacy to and for command families

History of the Ombudsman

The program was introduced to the U.S. Navy by Z-gram 24 on 14 September 1970 by the Chief of Naval Operations (CNO), Admiral Elmo Zumwalt. This program was adapted from a 19th century Scandinavian custom.

Ombudsman Duties:

- Serve as liaison between command and command families
- Keep commander aware of general morale, health and welfare of command's families
- Contact families upon arrival to command
- Communications with families during deployments
- Disseminate information about local military/civilian resources
- Resource for emergency and crisis information
- Immediate action taken when reportable issues or life endangering situations come to their attention
- Adhere to strictest code of confidentiality
- Write/disseminate a Newsletter
- Attend Indocs, Assembly meetings, and command functions



Naval Hospital Pensacola

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Quick Resources:

- ♦ **Emergency number - on base:** (850) 452-3333 **off base:** 911
- ♦ **Hospital Appointments:** (850) 505-7120
- ♦ **Fleet & Family Support Center (FFSC)** (850) 452-5991 ext 3102, 3103 and 3124
- ♦ **MWR** (850) 452-3806
- ♦ **NMCRS** (850) 452-2300
- ♦ **TRICARE:** (800) 444-5445
- ♦ **DEERS:** (850) 452-3617 ext 3903
- ♦ **Military Directory:** (850) 452-3100

Naval Hospital Pensacola

6000 W Highway 98
Pensacola, FL 32512

(850) 505-6601 or (DSN) 534-6601

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